

# Birchwood Avenue Primary School

## P.E. Curriculum, Whole School Overview- 2026-2027



|           | Autumn 1                                        | Autumn 2                                                     | Spring 1                                                | Spring 2                                     | Summer 1                                       | Summer 2                                         |
|-----------|-------------------------------------------------|--------------------------------------------------------------|---------------------------------------------------------|----------------------------------------------|------------------------------------------------|--------------------------------------------------|
| Reception | Ball Skills: Hands 1                            | Gymnastics: High and low                                     | Attack and Defence                                      | Health and Wellbeing                         | Ball skills: Feet                              | Dance: Dinosaurs                                 |
| Year 1    | Ball Skills: Hands 1<br>Games for understanding | Dance: The zoo<br>Team building                              | Gymnastics: Body parts<br>Ball skills: Feet             | Health and Wellbeing<br>Ball Skills: Hands 2 | Locomotion: running<br>Rackets, bats and balls | Ball Skills: Stick<br>Athletics & Sports Day     |
| Year 2    | Ball Skills: Hands 1<br>Games for understanding | Dance: Explorers<br>Play: Creating games                     | Gymnastics: Pathways<br>Ball skills: feet               | Team Building<br>Ball Skills: hands 2        | Locomotion: Dodging<br>Ball Skills: Stick      | Racket, bats and balls<br>Athletics & Sports Day |
| Year 3    | Basketball<br>Boccia                            | Dance: Witches and wizards<br>OAA: Challenging collaboration | Gymnastics: Symmetry and asymmetry<br>Speed Stacking    | OAA: Problem solving<br>Mindfulness          | Athletics<br>Rounders                          | Cricket<br>Athletics & Sports Day                |
| Year 4    | Netball<br>Rugby                                | Dance: Space<br>OAA: Problem solving                         | Gymnastics: Level and direction<br>Game Sense: Invasion | Tennis<br>Speed Stacking                     | Athletics<br>Golf                              | Cricket<br>Athletics & Sports Day                |
| Year 5    | Boccia<br>Football                              | Dance: Street art<br>OAA: Communication and tactics          | Gymnastics: Balance and tension<br>Netball              | Badminton<br>Health Related                  | Athletics<br>Cricket                           | Rounders<br>Athletics & Sports Day               |
| Year 6    | Tag Rugby<br>Hockey                             | Dance: Carnival<br>OAA: Leadership                           | Gymnastics: Matching and mirroring<br>Football          | Tennis<br>OAA: Problem Solving               | Athletics<br>Rounders                          | Golf<br>Athletics & Sports Day                   |