

Birchwood Avenue Primary School

P.E. Curriculum, Whole School Overview- 2025-2026



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Ball Skills: Hands 1	Gymnastics: High and low	Attack and Defence	Health and Wellbeing	Ball skills: Feet	Dance: Dinosaurs
Year 1	Ball Skills: Hands 1 Games for understanding	Dance: The zoo Team building	Gymnastics: Body parts Ball skills: Feet	Health and Wellbeing Ball Skills: Hands 2	Locomotion: running Rackets, bats and balls	Ball Skills: Stick Athletics & Sports Day
Year 2	Ball Skills: Hands 1 Games for understanding	Dance: Explorers Play: Creating games	Gymnastics: Pathways Ball skills: feet	Team Building Ball Skills: hands 2	Locomotion: Dodging Ball Skills: Stick	Racket, bats and balls Athletics & Sports Day
Year 3	Basketball Boccia	Dance: Witches and wizards OAA: Challenging collaboration	Gymnastics: Symmetry and asymmetry Speed Stacking	OAA: Problem solving Mindfulness	Athletics Rounders	Cricket Athletics & Sports Day
Year 4	Netball Rugby	Dance: Space OAA: Problem solving	Gymnastics: Level and direction Game Sense: Invasion	Tennis Speed Stacking	Athletics Golf	Cricket Athletics & Sports Day
Year 5	Boccia Football	Dance: Street art OAA: Communication and tactics	Gymnastics: Balance and tension Netball	Badminton Health Related	Athletics Cricket	Rounders Athletics & Sports Day
Year 6	Tag Rugby Hockey	Dance: Carnival OAA: Leadership	Gymnastics: Matching and mirroring Football	Tennis OAA: Problem Solving	Athletics Rounders	Golf Athletics & Sports Day

